**CHORE CHECKLIST**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **HOUSEHOLD CHORES** | **FREQUENCY****(DAILY/ AS NEEDED/ ONCE A WEEK)** | **ASSIGNED TO** | **MON** | **TUE** | **WED** | **THU** | **FRI** | **SAT** | **SUN** |
| Air out the house | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Take out trash | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Sweep the floor | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Wash dishes  | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Make bed | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Do laundry | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Clear the table | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Clean the living room | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Sanitize the bathroom | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Take out old food from the fridge | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Vacuum the carpets | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Feed the fish | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Feed the dogs | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Fold & iron clothes | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Clean the kitchen | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Clean countertops | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Wipe windows | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Wipe down the sink | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Put away mess from the living room | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Pick up misplaced stuff | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Rearrange furniture  | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Arrange books on the bookshelf | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Cook a healthy, homemade meal | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Clean bird’s cage | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Pull weeds from the garden | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Trim plants in the backyard | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Remove cobwebs on the ceiling | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |
| Empty the dishwasher | * DAILY
* AS NEEDED
* ONCE A WEEK
 |  |  |  |  |  |  |  |  |