**BACKPACKING CHECKLIST**

For an easy breezy backpacking trip!

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| **CLEAN UP KIT** |
| ☐ | Hand Sanitizer |
| ☐ | Comb |
| ☐ | Towel |
| ☐ | Wash Rag |
| ☐ | Toothpaste |
| ☐ | Toothbrush |
| ☐ | Soap |
| ☐ | Toilet Paper |
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| **PRIMARY GEAR** |
| ☐ | Backpack |
| ☐ | Tent |
| ☐ | Rain Cover |
| ☐ | Sleeping Bag |
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| **ESSENTIALS / SURVIVAL ITEMS** |
| ☐ | First Aid Kit |
| ☐ | Duct Tape |
| ☐ | Whistle |
| ☐ | Plastic Bags |
| ☐ | Sunglasses |
| ☐ | Sunscreen |
| ☐ | Paper |
| ☐ | Pencil |
| ☐ | Rope |
| ☐ | Compass |
| ☐ | Map |
| ☐ | Flashlight |
| ☐ | Batteries |
| ☐ | Pocket Knife |
| ☐ | Matches |
| ☐ | Candle |
| ☐ | Lighter |
| ☐ | Emergency Blanket |
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| **CLOTHING & FOOTWEAR** |
| ☐ | Socks (Bring An Extra Pair) |
| ☐ | Underwear |
| ☐ | Hiking Boots |
| ☐ | Hiking Shorts |
| ☐ | Sandals (optional) |
| ☐ | Gloves |
| ☐ | Beanie |
| ☐ | Pants |
| ☐ | Rain Jacket |
| ☐ | T-Shirt |
|  |  |
| **COOKING GEAR** |
| ☐ | Dish Soap |
| ☐ | Spoon |
| ☐ | Fork |
| ☐ | Cup |
| ☐ | Cooking Utensils |
| ☐ | Fuel & Stove |
| ☐ | Plate |
| ☐ | Bowl |
| ☐ | Cook Kit |
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| **WATER & FOOD** |
| ☐ | One Day’s Worth Of Extra Food |
| ☐ | Snack & Meals |
| ☐ | Water Bottles |
| ☐ | Large Plastic Bag Or Sack (For Stowing Food) |
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| **WILDLIFE SUPPLIES** |
| ☐ | Nylon Cord |
| ☐ | Bear Canister |